When Did They Steal the Ball?

By Nancy Wardwell

The first intercollegiate event was actually rowing – Harvard v. Yale, 1852. The second was baseball, 1859. Students from Rutgers and Princeton played the first interschool football game in 1869. The kids got together, found places to play, and challenged others at nearby campuses.

Today the NCAA takes in close to 8 BILLION dollars a year. There are now 24 schools, each of which make at least 100 million dollars every year. The top three earners are: Texas, Texas A&M – and The Ohio State University!

There are 460,000 NCAA student-athletes competing in 24 different sports at 347 Division I schools across 49 states. There are 300 Division II schools in NCAA also.

Health and college leaders endorsed early interscholastic sport because it encouraged good health, physical skills, leadership and sportsmanship.

It was football that first became troubling. It was exciting and attracted avid spectators but there were injuries, even fatalities (44 in 1904). There were variations in rules and then there was the question of ringers - big strong non-students who showed up to play.

There were complaints about town patronage and finally, the lack of faculty and administrative control. Groups called for reform or even to abolish the sport. In 1905 no less than President Theodore Roosevelt summoned leaders to a White House conference to work out reforms to save the game. The Intercollegiate Athletic Association (IAA) was the first nationwide attempt to unite colleges and universities interested in reforming the conduct of sport. In 1910 it became the National Collegiate Athletic Association (NCAA) and each year rules and plays were changed to make football safer.

Faculty and alumni committees assumed more and more involvement and financial supervision – and thus it began - the escalation fueled by fact and fear. Facilities, salaries, and recruitment – the better you spend the more you win. Big income is generated by high ticket prices and lucrative TV contracts. A justification is the “more you win, the more money is given to the university.” Years ago research found that to be a fallacy – but still there remains “a suspicion of truth.”

The latest Big Question is, is it fair for universities to make millions of dollars from athletes who play for merely tuition and some expenses – purists see this as the end of amateur athletics and academic integrity.

Maybe the question is “WHO stole the ball?” and, like Pogo, sadly, it is us!

GO BUCKS!
FROM: The President

Happy new year in Hindi (thanks to Google). By the time you read this, I will be in southern India. The occasion is the engagement and wedding of our dear friend Hanna Paulose. Hanna came to Ohio State in 2013 to work on her PhD and we were paired up at the Newman Center. Over the years, she became part of our extended family, celebrating holidays with us and even living in our home. So when we learned that she was to be married, we decided to be part of the celebration. After the wedding, we will fly to Mumbai and join members of the OSU India Alumni Club for lunch. We will see other members in New Delhi.

These are just a few examples of the global reach of Ohio State; we are so fortunate to have these Buckeye connections.

January Blahs: With the excitement of the holidays behind us and shorter, colder winter days, it would be easy to withdraw during January--but not with so much to do with OSURA. I want to point out a couple of events of interest:

- **January 22:** we are joining the Franklin County Alumni Club for a Sesquicentennial event. Dinner and a talk by local historian Gail Stoy, called “Columbus Uncovered.”
- **January 23:** Steve Buser from the Fisher College of Business will discuss “The Economy: Where we are and where we are going.”
- **January 24:** Our annual tax seminar which always has important up-to-date information.
- **January 30:** The tour of the Universal Design Living Laboratory: visit the home of Rosemarie Rosetti and learn more about how accessible housing can help you age in place.
- **February 1:** Health and Wellness event featuring speakers on sleeping well and the difference between normal brain aging and dementia.

And there are many others as well! So take advantage of our OSURA programs and enjoy January!

Thank you so much for your generous end-of-the-year gifts to our OSURA endowment fund to combat student food insecurity. The response to our Sesquicentennial gift to the University has been heart-warming. On January 13, the Buckeye Food Alliance is holding an open house at its new pantry site at St. Stephen’s Episcopal Church at Woodruff and N. High Street from 4-8 pm. Please try to stop by and check out their second location. Meanwhile, all the best to each of you for 2020!

Margaret H. Teaford
President of OSURA

BUCKS FOR CHARITY – Still open!

We are so proud that OSU retirees are among the most generous of all who contribute to Central Ohio through the Bucks for Charity program.

We can still make contributions so please consider donating! Checks can still be sent to:

**Bucks for Charity**
1590 North High Street
Columbus, Ohio 43201

**osura.osu.edu**
# Welcome New Retirees

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<thead>
<tr>
<th>Name</th>
<th>Organization</th>
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<tbody>
<tr>
<td>Sue Ellen Anderson</td>
<td>Ross Heart Hospital</td>
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<td>Katherine Ann Burton-Hoy</td>
<td>Shared Services</td>
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<td>Christopher Michael Culley</td>
<td>Legal Affairs Administration</td>
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<td>Melanie Elise Davis</td>
<td>Comprehensive Cancer Center RU</td>
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<td>Barbara Leigh Deyoung</td>
<td>FCOB Administration</td>
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<td>Patrick Joseph Elder</td>
<td>Cancer Hosp &amp; Research Instt</td>
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<td>Cameron Douglas Ferguson</td>
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<td>Peggy Mary Fochtman</td>
<td>Wexner Administration</td>
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<td>Sheryl Ann Hawk</td>
<td>University Hospitals</td>
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<td>Stanley Eugene Johnson</td>
<td>Facilities Operations</td>
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<td>Paula J. Kelley</td>
<td>University Hospitals East</td>
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<td>Adrinna Yvette Kelly</td>
<td>Facilities Operations</td>
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<td>Gabriela B. Kern</td>
<td>University Registrar</td>
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<td>Patsy Eileen Martinsek</td>
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<td>Matthew Alan Misicka</td>
<td>Introductory Biology</td>
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<td>Elizabeth Ann Mullinix</td>
<td>Athletics</td>
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<td>Sandra T. Thomas</td>
<td>Shared Services</td>
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<td>Michael Ray Wengerd</td>
<td>CFAES Ag Operations - Admin</td>
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## OSURA Spotlight: Olli Tuovinen

Olli and Manel travel and stay active: “During my active faculty years, I had various meetings and research visits to other countries. Because we had three young kids at that time, my wife Manel could not accompany me on most of those trips. Therefore, we made a deal that after my retirement we will definitely continue to pursue our travels to other countries. We enjoy theatre, opera, movies, and festivals. Our son Priyanga lives Washington DC. Our daughter Kariini has two kids (7 and 6 years of age) and we usually make a point to stay for a couple of weeks with her family in California. Our other daughter Karoliina lives in Los Angeles. It is important that we keep in touch and visit with all of our kids.”

OSURA, too, is important to them. “We enjoy participating in OSURA events because the topics are thought-provoking and it is rewarding to meet people with similar interests and experiences. We are part of a community that shares a great deal of development and history at OSU. I think it is important to be a part of this community that reflects the values of our work and reminds us about our past academic connections.”

Olli has a lively sense of humor. Asked about special skills, he commented “My wife says she is still thinking what my special skills are.” And when queried about fun facts, he answered “I think Manel has some fun stories to share about me but I won’t repeat them here.”

Now that you know something about Olli and Manel, feel free to say hello when you see them at an OSURA event. Maybe Manel will have some funny stories to share!
January 7 (Tuesday)
Benefits Committee
Time/Place: 9:30 a.m., Longaberger

January 22 (Wednesday)
Membership Committee
Time/Place: 10 a.m., Longaberger

January
Board Meeting
No meeting this month – we’ll meet again February 11th

MONTHLY ACTIVITIES

January 9 (Thursday)
Photo Society
Program: The Best Camera is the One You Have with You: Demystifying Smartphone Photography – presented by Daniel Claman.
Member Theme: Three smart phone images you wish were better. Limit images to three.
Send digital files in a Power Point file to jhuston1@columbus.rr.com or mail files on a new CD (J. Huston, 4095 Fenwick Rd., Columbus OH 43220), or bring prints (at least 8”x10”) to the meeting.
New members welcome.
Dues: $10 is due at this time.
Time/Place: 5:15 p.m., cocktails; 6 p.m., program; OSU Faculty Club. You MUST make reservations for dinner by calling 614-292-2262 by January 6.
Cost: on your own; ranges from $10-15
Arranger: Nancy Verber
(Photographic Society SIG)

January 15 (Wednesday)
Book Club
An Elderly Lady Is Up to No Good by Helen Tursten. Enjoy four funny stories about Maud, age 88. So, she must be a “sweet old lady,” mustn’t she? But, beware. She eliminates those who annoy her. She isn’t “sweet.” She’s actually a serial killer beyond suspicion due to her age! Appearances can be so deceiving.

WINTER WEATHER NOTE:
If Columbus City Schools close due to weather, we will cancel also.
Time/Place: 1:30 p.m., Carriage Hill of Arlington Party House, Lafayette Drive. Call Lee Hill (614-459-4743) for directions.
Arranger: Lee Hill (Book Club SIG)

January 16 (Thursday)
Lunch Bunch: Beyond the Game-Lessons for Life
Devon Jordan became Founder of Beyond the Game organization after an injury sidelined his career. He will discuss the impact of giving back after sports and the life skill that athletes need to know when they no longer play.
Time/Place: 11:15 a.m., MCL Cafeteria, Kingsdale
Cost: On your own, order through cafeteria line starting at 11:15 a.m., program at approximately noon.
Contact Person: Elenore R. Zeller (Social Committee)

January 18 (Saturday)
Walking/Hiking Group
Challenge Level 2-4
Join us as we walk the trails at Shale Hollow Park.
Time/Place: 11 a.m., Shale Hollow Park, 6320 Artesian Run, Lewis Center, OH (just off Rt 23).
Arranger: Hallan Noltimier (Walking/Hiking SIG)

January 21 (Tuesday)
Craft Group
Bring your own craft of choice or just join us to eat, socialize and see the creativity of other retirees. Please email marycull4@gmail.com if you plan to attend.
Time/Place: 2-4 p.m., venue will be provided once confirmed
Arranger: Mary Cull (Craft Group SIG)

January 22 (Wednesday)
Bridge Group
We’re back at the tables...please join us. We welcome new members. There is no membership fee and it costs only 25 cents for prizes the day you play. Come enjoy the fellowship, and have fun playing a good game of bridge at the same time.
Time/Place: 1 p.m., Friendship Village of Dublin, North CR
Arranger: Steve Miller (Bridge Group SIG)

January 23 (Thursday)
Dinner Series: The Economy: Where We Are and Where We’re Going
The good news is that the US economy has been growing. The bad news is that if the US economy does return to a recession, there are few if any potential responses. Come for the discussion focusing on those responses to the next recession.
Time/Place: 5:15 p.m. reception, 6 p.m. dinner, 7 p.m. lecture; OSU Faculty Club
Cost: $25 (service charge included)
Registration Deadline: Register at osura.osu.edu or call 614-292-2281 by January 20
Arranger: Carol Newcomb (Dinner Series SIG)

January 28 (Tuesday)
Tertulia Breakfast
Please join OSURA members and friends for breakfast and conversation.
Time/Place: 8 a.m., OSU Faculty Club
Cost: on your own
Arranger: Jerry Dare (Tertulia Breakfast SIG)

SPECIAL EVENTS

January 22 (Wednesday)
Columbus Uncovered
Longaberger Alumni House
REGISTRATION REQUIRED
Join the Franklin County Alumni Club for dinner. Gail Stoy, local historian, will speak about the little-known and fascinating history of Columbus. A Sesquicentennial Event
Meet by: 6 p.m.
Return: 8:30 p.m.
Cost: $15; cost includes dinner
Registration/Refund Deadline: Register at buckeyealumni.com/sesquicentennial-dinner-weds-jan-22
Arranger: Leyla Hawkins
(Franklin County Alumni Club)

CHALLENGE LEVELS

1 Light – may include a few stairs.
2 Moderate – may include a few sets of stairs.
3 Moderate + – may include climbing many stairs and/or uneven terrain.
4 High – may include lots of walking, climbing stairs, hilly walkways and/or extended weather exposure.
Registration Instructions

1. **Registrations requiring payment:** Registrations can be made by going on-line to osura.osu.edu or by calling 614-292-2281 or 1-800-762-5646. You can pay by credit card (preferred), or if you mail in a check make it payable to OSUAA. Put the name of the trip in the Note/Memo section of the check and send or drop off to:
   Customer Service
c/o OSURA
Longaberger Alumni House
2200 Olentangy River Road
Columbus, OH 43210

2. **Registrations NOT requiring payment:** Registrations will be made through the Arranger’s email provided in the description of the event, or if you do not have computer access call 614-292-2281.

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**January 24 (Friday)**
2019 Income Tax Seminar
Ginger Ittenbach and her team from Truepoint Wealth Counsel of Cincinnati will discuss Federal and State income tax issues for 2019. Pre-registration is not necessary.

**Time/Place:** 1 – 3 p.m., Sanders Lounge, Longaberger Alumni House, 2200 Olentangy River Road

**Cost:** No charge

**Arranger:** Hallan Noltier (Benefits Committee)

**January 30 (Thursday)**
Universal Design Living Lab: A Tour
UDLL
6141 Clark State Rd., Columbus

**REGISTRATION REQUIRED**

By incorporating universal design features into a home, your life, and the lives of others who live with you, will be improved. This home style incorporates unobtrusive universal design, resource and energy-efficient “green building” methods, advanced automation technology, a healthy home construction approach, and the design principles of feng shui.

www.udll.com

**Meet by:** 10:30 a.m., at UDLL (carpooling is suggested)

**Return by:** 12 p.m.

**Cost:** $15; cost includes tour (paid at location)

**Registration Deadline:** Register at OSURA.CulturalArts.Travel@gmail.com by January 20.

**Arranger:** Julian Larson
(Cultural Arts Committee)

**February 1 (Saturday)**
Health & Wellness: Lecture Series

**REGISTRATION NOT REQUIRED**

Come and listen to two engaging presentations – *Sleeping Well In The Older Age-Patterns Of Sleep In Mature And Senior Adults* by Dr. Helena Rempala from the OSU Department of Psychiatry and Behavioral Health, and *The Normal Aging Brain Versus Dementias* by Dr. Chris Nguyen, OSU Department of Neurology.

**Time/Place:** Check-in and coffee at 8:30 a.m.; lectures 9 a.m., Martha Morehouse Auditorium, 2050 Kenny Road

**Cost:** Free

**Arrangers:** Rod Tomczak and Sandy Cornett (Health & Wellness SIG)

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**February 14 (Friday)**
BalletMet – *Alice*

**REGISTRATION REQUIRED**

Tumble down the rabbit hole with the world premiere of Edward Liang’s *ALICE*, a lush and vivid production based on the later stories of author Lewis Carroll. Bursting with colorful sets, brilliant theatriics and charming characters, *ALICE* will delight you and leave you saying, ‘Curiouser and curiouser!’ Register at osura.osu.edu or call 614-292-2281. Tickets will be held at Will Call.

**Time/Place:** Curtain rises at 11 a.m., doors open at 10:15 a.m. Seats are general admission. Ohio Theater, 39 E. State Street

**Cost:** $20.83 (admission ticket)

**Registration/Refund Deadline:** February 7

**Arranger:** Odette Blum
(Cultural Arts Committee)

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**March 4 (Wednesday)**
James Thurber Exhibition

Columbus Museum of Art

**REGISTRATION REQUIRED**

This docent-led event celebrates the 125th anniversary of James Thurber’s birth, A Mile and a Half of Lines and showcases the drawings of James Thurber, Columbus’ native son and one of America’s best-known 20th-century writers.

**Meet by:** 10:45 a.m., in the museum lobby

**Return by:** approximately 2:30 p.m.

**Cost:** $10; cost includes admission and exhibit fees (E. Gay St parking lot is $5)

**Registration/Refund Deadline:** Register at osura.osu.edu or call 614-292-2281 by February 17

**Arranger:** Odette Blum
(Cultural Arts Committee)

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**March 8 (Sunday)**
“A Doll’s House, Part 2”

**REGISTRATION REQUIRED**

Set in 1894, the play concerns Nora, who has left her family and then returns after 15 years. It examines the norms of society and gender. This play and its actors received eight Tony nominations and a win for Best Actress. Register at OSURA.

**Cost:** $15, payable at the door

**Time/Place:** 1:45 p.m. Civic Theater, 3837 Indianaola Avenue

**Return:** approximately 4 p.m.

**Registration/Refund Deadline:** March 1

**Arranger:** Marilyn Blackwell
(Cultural Arts Committee)

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**March 13 (Friday)**
Tour of the OSU Veterinary Medical Center

**REGISTRATION REQUIRED**

Behind-the-scenes tour of the OSU Veterinary Medical Center (VMC) and the new Veterinary Clinical and Professional Skills Center at the OSU College of Veterinary Medicine (CVM), lead by Dean, Dr. Rustinيعة. The VMC’s three hospitals collectively had over 40,000 patient visits last year!

**Meet by:** 9:45 a.m., VMC, 1900 Coffey Road

**Return:** approximately 12 p.m.

**Cost:** no cost, unless using OSU parking garage

**Registration:** Register at OSUACulturalArts.Travel@gmail.com by March 1

**Arranger:** Ron Currin
(Cultural Arts Committee)

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**March 20 (Friday)**
Chihuly: Celebrating Nature at Franklin Park Conservatory

**REGISTRATION REQUIRED**

A docent will lead visitors on a journey through the bold and colorful works of Dale Chihuly. These beautiful, breathtaking pieces are situated within the Conservatory and its Botanical Gardens.

**Meet by:** 12:45 p.m., at the registration desk of the Conservatory, 1777 E. Broad St.

**Return:** approximately 2:30 p.m.

**Cost:** $16; includes admission and guide

**Registration/Refund Deadline:** Register at osura.osu.edu or call 614-292-2281 by March 11

**Arranger:** Marilyn Blackwell
(Cultural Arts Committee)
The Holiday Potluck was a real celebration of Food, Friends, and Fun!

In Memoriam

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Keep the Support Coming

Donations to Food Insecurity Endowment
KEEP 'EM COMING!

Donations received as of Nov. 30, 2019
FROM: The Benefits Committee

STRS Report

By Jerry Newsom

As they do every year, the STRS Board had an “Education & Planning Meeting” instead of their normal session in November. It was a time for new members of the Board to learn, long-term members to reflect, and for everyone to review how the Board operates, rather than the usual monthly meetings which review such items as finances and member demographics. Major topics at the November meeting included cybersecurity (STRS computers are attacked every day, so keeping data secure is an on-going task), behavior of Board members (supporting the Executive Director, treating each other with respect), ethics (if a Board member accepts a free Coke from a vendor, it’s a major scandal), fiduciary duty (each Board member is bound by law to represent the best interests of all STRS members, regardless of who elected or appointed the member), and contingency planning (preparing for a severe drop in the stock market, a natural disaster, terrorist attack, dramatic change in laws governing state retirement systems, etc.).

While STRS retirees continue without cost of living adjustments (COLAs), it could be much worse. The restructuring plan to allow Puerto Rico to emerge from bankruptcy calls for pension cuts of about 40% for retirees from government jobs there. In the private sector, retirees in one of the 130 plans in the Central State Pension Fund could face pension cuts of up to 70% if Congress does not provide a bailout. Defined benefit retirement plans such as the traditional STRS plan are getting rare in the private sector; in 1998, 59% of Fortune 500 companies offered defined benefit pension plans and that number is now 16%. Even without COLAs, we do have things to be thankful for.

A press release reported they compared adults age 50 and older who had lost a spouse through divorce or death to those who were married. They found that all those who lost a spouse experienced depression. But, those who did not have a pet had higher levels of both depression and loneliness.

Professor Dawn Carr (a graduate of the Scripps gerontology program at Miami University in Ohio) commented that while loneliness is normal, “our findings suggest that pets could help individuals avoid the negative consequences of loneliness after a loss.” In a Stria News article, she noted that persistent loneliness “is associated with greater incidents of mortality and faster onset of disability, which means it’s especially bad for your health.” She said animals are “just going to love you. Or you can pet your cat, and it’s calming.” The owner may also feel that the pet not only loves them, but also needs them. This suggests that retirement communities and senior apartment complexes should make pet ownership easier for their residents.

A second study asked, Could dementia and marital status be linked? Researchers at Michigan State University found that married people are less likely to experience dementia as they age. Unfortunately, the research also showed that those who are divorced, especially divorced men, are twice as likely to develop dementia.

Researchers looked at data from the national Health and Retirement Study from 2000 to 2014, a sample of 15,000 persons age 52 in 2000. Researchers measured their cognitive function every two years. Findings were only slightly influenced by economic resources or health-related behaviors and chronic conditions.

MSU sociologist Hui Liu, lead investigator, told WebMD, “There are factors other than economics that play just as strongly into this. There’s the social psychology benefit.” Boston University sociologist Deborah Carr noted, “There are many factors that can make a man more vulnerable to divorce. And that makes men more vulnerable to dementia.”

Two Studies: Pets help the widowed left behind; dementia hits divorced men

By Meg Teaford

Two recent research studies supported what we already guessed: Death or divorce has enormous ramifications for older adults.

An earlier project determined pets encourage exercise. Just ask anyone whose dog is standing at the door, leash in mouth! Now researchers at Florida State University have found that having a pet also can help to reduce depression and feelings of loneliness after the death of a spouse.

Learn more:
https://www.webmd.com/alzheimers/news/20190905/getting-married-might-lower-your-odds-for-dementia#2
Rod Tomczak and the Health and Wellness team have arranged for another excellent lecture in the series.

“Sleeping well in the older age – patterns of sleep in mature and senior adults”
by Dr. Helena Rempala,
Department of Psychiatry and Behavioral Health, OSU

AND

“The normal aging brain versus dementias”
by Dr. Chris Nguyen
Department of Neurology, OSU

February 1, 2020
9 – 11 a.m.
Martha Morehouse Auditorium • 2050 Kenney Road
Coffee and Muffins at 8:30 sign-in
No fee to attend | No reservation necessary