In 1888 when the Armory opened, and the first “Physical Directors” were hired, Stella Elliot was selected as the Women’s Director. At that time basketball hadn’t been invented and sports like football happened outside the control of the University. The classes at the Armory were required, and activities were massed routines of “gymnastics.” They looked like a huge fitness class.

After the University gained control of athletics, they “grew up” under the aegis of Physical Education. It might surprise you to know that Richard Larkin served for 30 years as the Director of Athletics AND Physical Education. – that was Men’s and Women’s Physical Education.

Women physical educators had overseen women’s sports since the first basketball game against Otterbein College in 1904. By 1920 the perceived excesses of men’s sports concerned women physical educators nationally. They began to mount the argument against intercollegiate sports for female students. It was not an argument against “competition;” it was an educational argument because only the most highly skilled participated. They had a motto that lasted for years: “A sport for every girl – and every girl in a sport.” Many of us, of a certain age, dearly remember that intramural sports could be very competitive.

In 1941 the wall began to crumble – right here at Ohio State. A few of the women faculty began to think it silly to keep the skilled girls from playing and they conducted the first National Collegiate Golf Tournament – at the new OSU Golf Course, with 37 golfers from 21 colleges and universities participating. By 1947 intercollegiate competitive seasons were scheduled for basketball, tennis, field hockey, golf, and fencing – with eight Ohio colleges. Phyllis Bailey came to Ohio State in 1956 to conduct sports for women – through Intramurals. By 1959, she was appointed Coordinator of Women’s Sports at The Ohio State University. By 1965, what were previously called “Sports Clubs” became officially known as Intercollegiate Sports, and the modern era of women’s sports had begun.

Title IX became law in 1972 and has had a powerful impact on education for women in general, but in the beginning how it would affect sport was not known. The year before, women’s Intramurals and the Intercollegiate program had been moved to Student Services with the Athletics Department agreeing to assume 50% of women’s sports coaches’ salaries.

Finally, by 1975 the Athletic Council announced the incorporation of the women’s intercollegiate program into the Athletic Department, and Phyllis Bailey was selected Associate Athletic Director in charge of the women’s intercollegiate program. The first 30 Grants-in-Aid were awarded to women athletes. Needless to say, there was resistance from some of the men’s sports, but the fears of some have been laid to rest. By 2022, our University fielded 33 intercollegiate sports: 15 men’s, 16 women’s, and 2 co-ed.
FROM: The President

Greetings to my OSURA colleagues. I am pleased by two January articles in the Wall Street Journal and the New York Times Science Section concerning Earth’s Ozone Layer. “It is recovering!”

The ozone layer protects us and many living organisms from the sun’s harmful ultraviolet (UV) radiation. A report released January 11, by the United Nations Environment Program and the World Meteorological Organization, stated that researchers found a significant thickening of the ozone layer, a region of our atmosphere from 9 to 15 miles above the Earth’s surface. Excess UV can lead to skin cancer, cataracts, and impaired immune-system function, and it can damage the growth of crops and oceanic phytoplankton.

The report found ozone-damaging chlorine declined 11.5% in the stratosphere between its peak in 1993 and 2020, while bromine declined 14.5% between its peak in 1999 and 2020.

The ozone-depleting chemicals called chlorofluors-carbons (CFCs) were banned in 1987. Hydrofluorocarbons (HFCs) were banned in 2016. Trichlorofluoromethane (CFC-11) used in China until 2018 has significantly declined.

The ozone layer is expected to recover to 1980 levels by 2040. This is very important! Enough! Please stay active and well.

Hallan C. Noltimier
President of OSURA

SURVEY Results...

The Membership Committee sent a survey in October to members asking for their feedback on the various ways in which OSURA leadership communicates with OSURA members. The survey link was sent via email with the link also being posted on the OSURA website. We received a 9% response rate (225 voters), and here are those results.

What we learned:
- The newsletter is a resource that is enjoyed by many but still has room for improvement.
- The website is not used as much as it could be and has room for improvement.
- Not all our communications outlets are known to our members.
- There are many who need assistance in navigating the online directory.
- The ability to attend events virtually is still an interest.
- Several committees and special interest groups received comments on things members would like to see from them.

Moving forward:
- Comments for each of the communication outlets will be forwarded to the people involved with those outlets.
- Comments for each of the committees and special interest groups will be forwarded to the chairs of those groups for consideration and action.
- Members of the membership committee will be reaching out to a few of you who responded with contact information to get more insight into your comments.
- The membership committee will look into holding an in-person workshop on using the online directory.

We would like to thank everyone who participated in the programming and communication surveys that were sent out this year. If you have any additional comments or questions, please email us at osura.membership@gmail.com.
Welcome New Retirees

Linda S. Alpers  
Health System - Shared Services

Lynley Helen Anderman  
Education and Human Ecology

Kimberly Ann Archer  
Facilities Operations and Development

Cynthia Poling Bechtel  
University Hospital

Alicia Louise Bertone  
Academic Affairs Administration

Hilda Marie Bryant  
James Cancer Hospital

Jacqueline L. Buell  
Medicine

David Brian Carwile  
WOSU Public Media

Hendrik Onno Colijn  
Engineering

Stavros T. Constantinou  
Mansfield - Administration

Jennifer Kay Crocker  
Social and Behavioral Sciences

Nina Sue Dorion  
University Hospital

Yun Chun Du  
ERIK - Research

Lillie P. Eiland  
University Hospital East

Jamie Sue Evans  
Ambulatory Services Hospital

Karen Elizabeth Gebhardt  
University Hospital

Margaret Clark Graham  
Nursing

Zhen Guan  
Medicine

Cynthia K. Hale  
Medicine

Thomas Jay Hoodlet  
James Cancer Hospital

Charles Gary Iams  
Marion

Grace Landrum Johnson  
Diversity and Inclusion

Bruce E. Johnson  
Business and Finance - Administration

Janice Kay Kiecolt-Glaser  
Health Sciences

Jadwiga Labanowska  
Comprehensive Cancer Center

Ken Lee  
FAES - Food Science and Technology

Minru Li  
Arts and Humanities

Martha A. Lipis  
FAES - OSU Extension

Emily Y. Lyles  
Dentistry

Janetta Mardis  
Student Life

Cherri L. McHolan  
University Hospital

Chia Hsiang Menq  
Engineering

Jean-Jacques Alain Michaille  
Comprehensive Cancer Center

Marilyn G. Miller  
Dentistry

Brenda Arlene Minor  
James Cancer Hospital

Nikki Kathryn Modlich  
Engineering

Michael Ervin Moehrman  
University Hospital

Catherine Phillips Montalto  
Education and Human Ecology

Andrew Louis Morris  
University Hospital East

Henry Todd Neffenger  
Health System - Shared Services

Ann O. Pakalnis  
Medicine

Georgia Parker  
Ross Heart Hospital

William L. Phillips  
Chief Information Officer - OCIO

Shelley Fenno Quinn  
Arts and Humanities

DaNiel K. Rogers  
University Hospital

John Harold Sisson  
University Hospital East

Monica Lynne Snider  
Health Sciences

Beth Anne Snox  
Transportation and Traffic Management Admin

Phyllis Kirchner Teater  
Health Sciences

Richard Philip Van Deusen  
Facilities Operations and Development

Lynda Rae Waugh  
Ross Heart Hospital

Dennis C. Wilt  
FAES - School of Environment and Natural Resources

Andrea Dayle Wolfe  
Natural and Mathematical Sciences

Mary Ann Wynd  
Family Medicine

The Conference Planning Committee is hard at work discussing and selecting topics that will attract you and bring you to the Fawcett Center on September 20, 2023 for the 25th Annual Conference. The committee reviews topics that relate to Ohio State, Health, Culture, and Retirement. We hope you will find our work has paid off by joining us on Wednesday, September 20. The theme this year is Creating the Future, which the committee considers when selecting topics for the sessions.
Calendar of Events

COMMITTEE MEETINGS

February 7 (Tuesday)
Benefits Committee
Time/Place: 9:30 a.m., Longaberger & via Zoom

February 14 (Tuesday)
Board Meeting
Time/Place: 9:30 a.m., Whetstone Library

February 22 (Wednesday)
Membership Meeting
Time/Place: 10 a.m.

MONTHLY ACTIVITIES

February 4 (Saturday)
Walking/Hiking Group
Challenge Level
2-4
Everyone welcome. Join us at Blues Creek Park.
Time/Place: 1 p.m. – Blues Creek Park, 9627 Fontanelle Rd, Ostrander, OH

February 9 (Thursday)
Photo Society
Program: Valentine Dinner and Contest Awards
Time/Place: 5:15 p.m. reception; 6 p.m. dinner (options from a limited menu – call 614-292-2262 for reservations); 7 p.m. program; OSU Faculty Club.
Cost: on your own
Arranger: Nancy Verber (nvverber@gmail.com – Photographic Society SIG)

February 15 (Wednesday)
Lunch Bunch – Fall Prevention: Do You Know Where Your Feet Are?
Join us as Jane Acri, LSW, Central Ohio Area Agency on Aging, shares with us steps to prevent falls, which are the leading cause of emergency room visits, hospitalizations and death for older adults.
Time/Place: 11:15 a.m., MCL Cafeteria, Kingsdale
Cost: On your own, order through cafeteria line starting at 11:15 a.m., program at approximately 12 noon.
Contact Person: Steven D’Ambrosia (steven.dambros@gmail.com) & Elenore Zeller – Social Committee

February 21 (Tuesday)
Craft Group
Bring your own craft of choice as well as your ideas, or just join us to socialize and see the talents of other retirees. Please RSVP to marycull.4@gmail.com.
Time/Place: 2-4 p.m., Massey’s Pizza, 152 Graceland Blvd (Graceland Shopping Center)
Arranger: Mary Cull (marycull.4@gmail.com) (Craft Group SIG)

February 23 (Thursday)
Dinner Series – 2023 Economic Outlook
Speaker Roger Bailey, Clinical Assistant Professor of Marketing; Director, Full Time MBA Program. The word “unprecedented” is almost insufficient to describe the challenges to the US economy since 2020. The focus will include 2023 economic outlook using economic theory and consumer behavior.
Time/Place: 5:15 p.m. reception, 6 p.m. dinner, 7 p.m. lecture; OSU Faculty Club
Cost: $35 (service charge included)
Registration Deadline: Register at osura.osu.edu or call 614-292-2281 by February 23.
Arranger: Carol Newcomb (newcomb.28@osu.edu – Dinner Series SIG)

February Book Club
“Playing” in our Virtual Theatre is The Chancellor by Kati Marton. A biography of Angela Merkel, the woman who led Germany through the remaking of internal social policies, attempted integration of 1,000,000 refugees, and the outmaneuvering of authoritarian rulers such as Putin – truly an odyssey of a political genius.
Contact: Lee Hill (hill.30@osu.edu – Book Club SIG)

March 23  (Thursday)
Dinner Series – 2023 Economic Outlook
Professor John Horack will speak on the OSU relation with Voyager Space and OSU as the leading academic institution partner in the areas of engineering, agriculture, biological/physical sciences and human health. The Starlab-GWCS analog facility will be at OSU Aerospace Campus at Don Scott Airport. – reception, 6 p.m. dinner, 7 p.m. lecture; OSU Faculty Club
Time/Place: 5:15 p.m. reception, 6 p.m. dinner, 7 p.m. lecture; OSU Faculty Club
Cost: $35 (service charge included)
Registration Deadline: Register at osura.osu.edu or call 614-292-2281 by January 23.
Arranger: Carol Newcomb (newcomb.28@osu.edu – Dinner Series SIG)
SPECIAL EVENTS

February 10 (Friday)
BalletMet – Dorothy and the Prince of Oz

Challenge Level 2
REGISTRATION REQUIRED

Ballet Met brings you another family-friendly chapter in the Land of Oz. Follow Dorothy in her travels as she and her Prince discover that love reunites those who believe... featuring stunning puppetry and scenery by Basil Twist and a score arranged by Oliver Peter Graber.

Time/Place: Box office opens at 9:30 a.m. Seating is general, so plan to arrive early for best seats. Performance begins at 11 a.m., Ohio Theater, 39 E. State St.

Cost: $25.20 (admission ticket)
Registration/Refund Deadline: Register at osura.alumni.osu.edu or call 614-292-2281 by February 2. Credit card preferred. Tickets will be held at Will Call.
Arranger: Marilyn Blackwell (blackwell.4@osu.edu – Cultural Arts Committee)

March 10 (Friday)
BalletMet – A Celebration of New Works

Challenge Level 2
REGISTRATION REQUIRED

Three world premieres by gifted choreographers Leiland Charles, Dana Genschaff, and Amy Seiwert. Each of these artists continues to push the boundaries of classical ballet choreography.

Time/Place: Box office opens at 9:30 a.m. Seating is general, so plan to arrive early for best seats. Performance begins at 11 a.m., Ohio Theater, 39 E. State St.

Cost: $23.10 (admission ticket)
Registration/Refund Deadline: Register at osura.alumni.osu.edu or call 614-292-2281 by March 2. Credit card preferred. Tickets will be held at Will Call.
Arranger: Marilyn Blackwell (blackwell.4@osu.edu – Cultural Arts Committee)

April 8 (Saturday)
Franklin Park Conservatory & Columbus Cherry Blossom Festival

Challenge Level 3
REGISTRATION REQUIRED

Celebrate Nature Clothed in Kaleidoscope Spring Splendor inside & outside FPC. Experience colorful Chihuly Glass Art Exhibit and demo. Cherry trees are in full bloom in Franklin Park for the spectacular Columbus Cherry Blossom Festival! Exotic music, dances, gifts, food, more...

Meet by: 8:30 a.m., at Franklin Park Conservatory front entrance
Return: 5 p.m.

Cost: $35 Non-Members of FPC, $20 FPC Members; cost includes admission fee, lunch, and docent fee.
Registration: Register at osura.osu.edu or call 614-292-2281 by March 1.
Refund Deadline: March 15
Arrangers: Alabelle Zghoul and Marlinda Iyer (Marlindaiyer@yahoo.com – Travel/Cultural Arts Committee)

New

Here is a link to our events: https://osura.alumni.osu.edu/events/

The OSURA Walking/Hiking Group Continues to Get Out and Get Moving

By Sandy Bell

Join the OSURA Walking/Hiking Group this month on Saturday, February 4 at 1 p.m. as we explore Blues Creek Park, one of the Delaware County Preservation Parks, 9627 Fontanelle Rd, Ostrander. This will be an easy 2-1/2-mile pet-friendly hike. We will meet at the last parking lot by the restrooms.

Here are the next few upcoming hiking opportunities:
• March 3 (Friday) at 1 p.m. – Pickerington Ponds Metro Park, Wood Duck Picnic Area Parking on Bowen Road, Pickerington; 2-to-4-mile easy hike; socialize with an early dinner afterwards possible.

• April 7 (Friday) at 11 a.m. – Shale Hollow Park, 6320 Artesian Run, Lewis Center; 2-mile hike with a couple of small hills and one short steep rise; socialize with a late lunch afterwards possible.

• April 17 (Monday) at 11 a.m. – Spring Valley Nature Preserve, 1539 Columbus Rd, Granville; moderate hiking with some hills and stream crossings; pet friendly; socialize with a late lunch afterwards possible.

We will finish out the hiking season with hikes on May 12 and 29. Watch the newsletter and website for further information. If you have any questions, please send me an email at sib9716@outlook.com or call/text me at 740-833-6374.
February is National Heart Month

SELF-CARE TIPS FOR HEART HEALTH

Heart disease is the leading cause of death in the United States, but there’s a lot you can do to prevent it. Taking time to care for your heart can be challenging as you go about daily life. But it’s easier than you think to show your heart the love it deserves each day. Small acts of self-care, like taking walks, getting quality sleep, and cooking healthy meals, help your heart. Research shows that self-care can help you keep your blood pressure in a healthy range and reduce your risk of heart disease and stroke.

**What parts of your self-care routine help your heart?**

You can improve and protect your health overall when you:
- Get a daily dose of physical activity, such as a brisk, 30-minute walk

**How can you make self-care for your heart easier?**

The trick is to plan ahead. Build heart-healthy activities into your daily self-care routine. Schedule things that are both good for you and important to you.

- Cook meals that are low in sodium and unhealthy fats
- Take your medications as prescribed and keep your medical appointments
- Sleep 7-8 hours a night
- Manage stress through, for example, meditation, yoga, a warm bath, or quiet time with a good book or funny movie
- Try to reach or stay at a healthy weight by moving more and having snacks like fruits and veggies ready to grab when hunger hits
- Cook delicious, heart-healthy recipes. Choose some from the National Heart, Lung, and Blood Institute’s delicious heart-healthy eating website.
- Go for a bike ride, take an online exercise class, or have a family dance party.
- Make that doctor’s appointment you’ve been putting off. Many providers now offer telehealth appointments to make accessing care easier.
- Organize your medications.

**FROM: The Benefits Committee**

**STRS Report**

By Jerry Newsom

In June 2021, a report commissioned by the Ohio Retired Teachers Association (ORTA) claimed that STRS was badly mismanaged, causing COLAs to be suspended. STRS provided a detailed rebuttal, disagreeing with essentially every claim. STRS critics convinced Keith Faber, the Auditor of State, to investigate the claims, and many ORTA members were hoping Faber would vindicate their criticisms. His Special Audit report was just released at the end of December and it supported STRS in almost every detail. Faber did suggest a couple changes that the legislature might consider, in conjunction with STRS and the Ohio Retirement Study Council (the mostly legislative body that oversees the state pension funds). Present law says an external auditor must project that a pension fund will have assets equal to liabilities within the next 30 years; otherwise the fund must propose how it will get within the 30-year limit. Faber suggested the 30 years be reduced to 15 or 20 years. Unless investments go horribly wrong, such a change would not affect STRS but could be a major problem for at least one other fund (not OPERS). Faber also suggested that consideration should be given to the current practice of awarding bonuses to STRS investment staff when their investment returns do well compared to a set of benchmarks. (The bonuses amount to about 0.1% of average investment earnings, so they have negligible effect on STRS finances.) Overall, Faber joins a long list of other auditors and consultants who judged STRS to be functioning very well.

**STRS Fact**

Most non-Medicare retirees in the STRS health insurance plans pay a premium of $286/month this year, down from $423 last year.

**OPERS Fact**

University and College employees are approximately 19% of all OPERS-covered members.
Meet Eric Busch!

My wife Susan and I now live in Bethlehem, PA. We moved here in 2014 to be close to and help our daughter’s family and their two young boys. Her husband is on the faculty at Lehigh University and became chair of the history dept on July 1. It was very difficult to leave so many friends and colleagues in Central Ohio and Westerville after so many decades. Nevertheless, Christmas City (Bethlehem, PA) has been a good move. We’ve been able to see our daughter’s family grow up. The Lehigh Valley is about history, hills, and great stonework in barns and houses. Bethlehem has an extensive Revolutionary War history, being founded as a Moravian missionary outpost in 1741. The most important war hospital was here, and a tomb of the unknowns marks the burial location of hundreds of veterans. In recent years, the city has successfully reinvented itself after the demise of Bethlehem Steel.

I was born in Buffalo, NY and spent wonderful summers at Loon Lake in the Finger Lakes region, south of Rochester. Our grandparents bought a cottage in 1933 and it remains in the family. We moved to Logan, Ohio with my father’s transfer and then lived in and graduated from high school in Tiffin, Ohio. I enrolled at Ohio State in 1969 and earned a B.A. in Social Sciences and later an MBA in Finance.

My entire career was at The Ohio State University. First, I worked as a student at Recreation Dept. Then I contacted the OSU Police Dept to get some data for a criminology course paper, and they hired me to analyze campus crime stats. During the campus disturbances of 1970, I served as a student marshal (More than 100 of my photos are now in the OSU Archives.).

In time, I became interested in improving policing on campus. Upon graduation from Ohio State, I did become an OSU police officer. I worked patrol, crime prevention, investigations, and as a supervisor. While working on personal protection assignments, I was physically close to celebrities – Nixon (I shook his hand at Don Scott field), Ford, Reagan, and Clinton. Another celebrity was Elvis. In 1974, at his concert in St John Arena, I worked in front of the stage.

After completing my MBA in finance, which I had been pursuing part-time, I went to OSU Internal Audit as an audit supervisor. Later I joined Student Affairs as an Asst Vice President and had responsibility for financial, HR, and operational work. I worked on such varied items as the university’s response to student deaths, celebratory riots, and the first Stadium concert with Pink Floyd. To me, it was a gift to work with so many staff, students, faculty, and alums who believed so thoroughly in the special nature of The Ohio State University.

In retirement, I continued my 32-year involvement in Westerville Kiwanis. Also, I served on the Westerville Recreation Advisory Board, which led to appointment to an open City Council seat. Much of my experience at Ohio State was translatable to council work. I served for almost 4 years before our move to PA. I thoroughly enjoyed the experience and encourage others to take on public office.

Now that we are retired, we spend most of our summers at the lake cottage in New York. The lake was a good refuge from Covid that permitted some limited outdoors socializing, although we lost a very close friend in a nursing home outbreak. While visitors were limited, we took the opportunity to work on some needed renovations. At the lake, when I am not fishing or taking photographs, I am a member of the Watershed Alliance to improve our lake water quality. Our efforts created a 10-acre wetlands preserve and I serve as the preserve manager. This work has been extremely rewarding and right in my wheelhouse.

Although we no longer live in Central Ohio, OSURA remains important. The newsletter is a helpful source of information. It is always good to see what “names from the past” are up to.
Can you name these members of the Conference Planning Committee?

If not, then you really need to attend the Annual OSURA Conference, and meet them....

Because they’re waiting to meet you!